

Getting on and off equipment poses a risk of injuries, ranging from sprains, cuts, and bruises to fractures and even death.

Joe's Story

Joe was an operator of a front-end loader. One day he climbed down from the cab and lost his footing on muddy steps. Joe fell to the ground and sprained his ankle.

✘ **How could this incident have been avoided?**

✘ **Have you or anyone you know been injured getting on and off equipment? If so, what happened?**

Remember This

- Face the equipment and maintain three-point contact when climbing up or down.
- Wear footwear that will provide support and traction.
- Set the parking brake to prevent the equipment from moving.
- Keep work areas clean and free of waste such as scraps, extra materials, and garbage.
- Check the handholds and steps for mud or other conditions that could make them slippery.

How can we stay safe today?

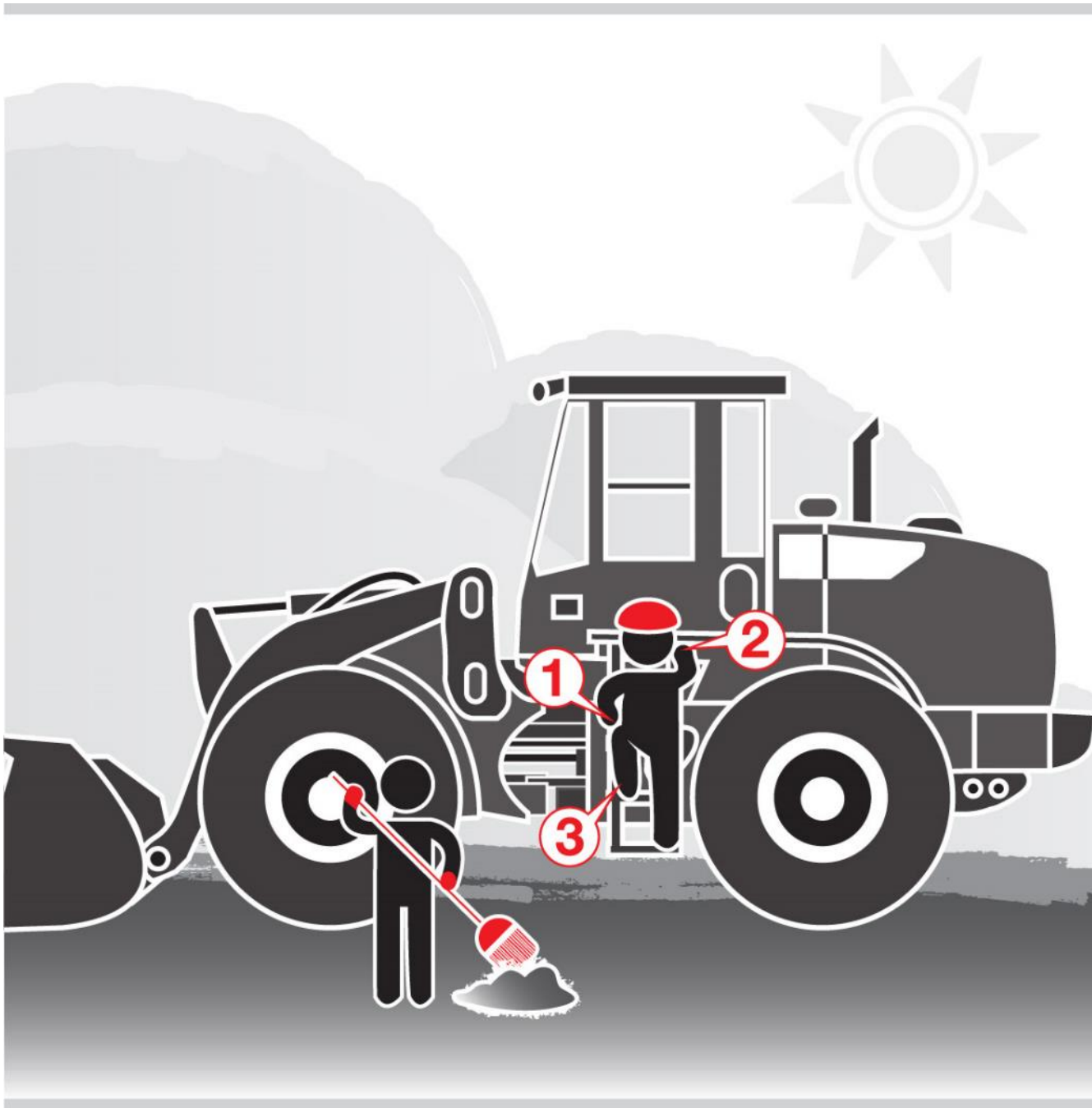
What will we do at the worksite to prevent injuries from getting on and off equipment?

1. _____

2. _____

OSHA Regulations: 1926.600, 1926.20

Equipment: Getting On and Off



- ❌ Face the equipment and maintain three-point contact when climbing up or down.
- ❌ Keep work areas clean and free of waste such as scraps, extra materials, and garbage.
- ❌ Check the handholds and steps for mud or other conditions that could make them slippery.